

# 24th Annual Emigrant Trails Bike Trek September 10, 11 & 12, 2010



**Three days cycling,  
Two nights camping,  
One great cause!**

## Petaluma, CA

Join over 500 riders and volunteers for a weekend of fun, relaxation, challenge, and most importantly, to support a good cause - clean air, healthy lungs, and a tobacco-free future! Travel at your own pace or catch a ride over challenging climbs through stunning scenery with our on-road support team. After a day of cycling, relax in camp with yoga, a massage, gourmet catered meals, nightly entertainment or a refreshing beverage from our cantina.

The cost of this adventure is \$35 to register and a minimum of \$450 in pre-collected tax-deductible donations. Thank you for supporting our organization and mission.

For more information or to sign up, visit [www.sacbreathe.org/trek](http://www.sacbreathe.org/trek) or call (916) 444-5900 ext. 209.

All proceeds benefit the local clean air, lung health and tobacco prevention programs of



**BREATHE  
CALIFORNIA**  
*of Sacramento-Emigrant Trails*

The Clean Air and Healthy Lungs People  
*Since 1917*